



## FAST FACTS

THE UNIVERSITY OF ARIZONA

# Arizona Center on Aging

### *Research in Aging and Resilience*

Aging is the quintessential interdisciplinary issue, and our research on promoting resilience and healthy aging links the basic sciences, clinical/translational and health services research. ACOA develops, invigorates and bridges aging research across the campus, colleges, Arizona and the nation. Programs, funded by >\$18M in grants, include:

- Immunity and Inflammation in Aging
- Biology of Aging Translational Mini-grant Program
- Geri-metrics – bioengineering solutions to aging problems, including cognition and mobility
- Molecular and cellular basis of resilience and frailty
- Healthy Brain Initiative, in partnership with the CDC

### *Education and Training*

A National Leader in Geriatric Education to prepare the workforce

- Prestigious Training Grants
  - Arizona Reynolds Program in Applied Geriatrics
  - Arizona Interprofessional Geriatric Education Center
- Building Bridges with UA College of Medicine – Phoenix, Arizona State University, Southern Arizona VA Health Care System, Northern Arizona University, and the Indian Health Service across health care disciplines
- Training medical and surgical specialists and building geriatric models of care
- Caregiver, Direct Care Worker and Promotora Training

### *Clinical Care*

Comprehensive interdisciplinary clinical programs provide high quality care at the University of Arizona Medical Center (University and South Campus) and Southern Arizona VA Health Care System

- *U.S. News & World Report* Top 50 in Geriatrics
- Innovations in models of geriatric care and home-based care programs
- Ambulatory, acute, and community-based care
- Innovative Chronic Disease Palliative Care Programs
- UAHN-wide Delirium Prevention and Management Program

CONTINUED ON REVERSE



**Mindy Fain, MD**  
Co-Director, Arizona Center  
on Aging  
Chief, Geriatrics, General  
Internal Medicine and Palliative  
Medicine



**Janko Nikolich-Zugich,  
MD, PhD**  
Co-Director, Arizona Center  
on Aging  
Chairman, Department of  
Immunobiology



## ***Public Policy***

Providing guidance and expertise to the Arizona Governor's Advisory Council on Aging and the community

- Governor's Aging 2020 Plan
- Governor's Healthcare Workforce Study
- Statewide Needs Assessments: Arizona Aging, Alzheimer's and Falls taskforces

## ***Community Engagement***

Actively supporting the community, elders, their families and caregivers

- Close collaboration with Pima Council on Aging, National Adult Protective Services Association, Southern Arizona Hoarding Taskforce and other aging organizations
- Indian Health Service and tribal outreach

## ***Leadership***

ACOA leaders are regional, national and international leaders in aging research, education and training, clinical care and outreach