Greetings from the UA Senior Vice President for Health Sciences:

I’m pleased to report that AHSC has received two major gifts to support its precision health program. This is one of the four research priorities areas we selected as a key AHSC component of the UA’s Never Settle strategic plan. If you haven’t already, please review the White Papers submitted by the respective multi-disciplinary Advisory Councils, outlining action plans for each area.

In this edition of the AHSC News you will read about these gifts as well as the UA College of Pharmacy Medication Management Center providing medication counseling to rural Arizona patients, the results of two major research studies, and recent AHSC research grants.

As we prepare to enjoy Thanksgiving with family and friends, I want to express my gratitude to all of you for your many noteworthy contributions to the advancement
and support of our ongoing efforts to significantly expand AHSC’s research enterprise. I wish you all a Happy Thanksgiving and a joyful, relaxing holiday. With deep appreciation and thanks for all you do!

Joe G.N. “Skip” Garcia, MD  
UA Senior Vice President for Health Sciences  
Interim Dean, UA College of Medicine – Tucson

Researchers Find Link Between Insomnia, Inflammation and Mortality

Data from an ongoing UA respiratory study spanning more than 40 years shows that persistent (chronic) insomnia is associated with higher levels of inflammation in the blood and a 58 percent increased risk of death.

Two Couples Make Major Donations to Precision Health

Two couples have taken a serious interest in a priority of UA medical research and practice, making major gifts to support the precision health program of the Arizona Health Sciences Center.

AZ Research Shows 9-1-1 Dispatchers Giving CPR Instruction Saves Lives

Emergency dispatchers providing life-saving CPR instructions to 9-1-1 callers
The UA College of Pharmacy’s Medication Management Center has signed a contract with the Arizona Department of Health Services to make medication recommendations for patients in rural Arizona locations who have diabetes and hypertension.

**Dr. Carrington Awarded NIH Grant**

Jane M. Carrington, PhD, RN, assistant professor at the UA College of Nursing has been awarded a grant from the National Institutes of Health to enhance nurse communication during clinical events.

**AHSC October Research Grant Awards**

prior to first responders arriving on scene dramatically increases survival from the leading cause of death, cardiac arrest, according to Arizona research presented at the American Heart Association’s Scientific Sessions.

**Public Health Professor Receives $100,000 Grant**

Brent A. Langellier, PhD, assistant professor of health promotion sciences in the UA Mel and Enid Zuckerman College of Public Health, is the recipient of a $100,000 grant from the Robert Wood Johnson Foundation and Public Health Law Research program, the nation’s leading philanthropy on health and health care.

**Jill Guernsey de Zapien Receives National Recognition**
Find a monthly listing of Arizona Health Sciences Center grant awards [here].

Jill Guernsey de Zapien, associate dean for Community Programs at the UA Mel and Enid Zuckerman College of Public Health, has received the 2014 Vision Award for Excellence in Health Planning from the American Public Health Association for her bi-national, community-based work in the U.S.-Mexico Border Region.