1ST ANNUAL NATIONAL PARK RX DAY

Learn and celebrate the health benefits of biking and walking

Sunday, April 24, 2016 at 9 a.m.
Jefferson Park Historic Neighborhood
1802 E. Lester

NATIONAL PARK PRESCRIPTION DAY
KICKOFF CELEBRATION

9 a.m. News Conference and Introductions
- Karin Uhlich – City of Tucson Ward 3
- Cam Juarez – Saguaro National Park, National Park Service
- Steve Brigham – Banner-University Medical Center
- Dr. Randy Friese – Banner-University Medical Center “Walk with a Doc”
- Farhad Moghimi – Regional Transportation Authority
- Joan Daniels – Tucson History and health Loop
- Ricardo Pereyda – University of Arizona VETS Alumni

9:30 a.m. Activities:
- Walk, bike or run the Tucson History and Health Loop
- Visit the photo exhibit
  - Polo Village – homes for vets
  - Polo Grounds – Training soldiers for WWII and much more
- Map of Banner-University Medical Center proposed new green spaces

www.jeffersonpark.info/walkride-loop.html

Parking available off Elm on the north side of the Ring Road in a small parking lot west of Martin (sign says Sundt Construction workers only).

Parking also available on Lester Street (ignore no parking signs – it has been cleared).