Bloomberg Business

Academic Hospitals Vie for New Resources

Academic medical centers are the battleships of the American health care industry -- striking, lumbering, dynamic institutions yet always teetering on anachronism. Because they conduct research, train doctors, and carry out the highest risk surgeries and transplants, they are more expensive to operate than their community hospital counterparts, and thus constantly searching for new revenue streams and capital availability.

Some do it by way of branded hospitals. Others do it by way of partnership. And some are simply bailed out with cash: Last year, Arizona's only academic medical center, the University of Arizona Health Network, agreed to sell to Phoenix-based Banner Health. Read more

Medical Xpress

'Molecular Truck' Could Deliver New Treatment
University of Arizona researchers have developed a novel drug and delivery system to treat inflammation and ulcerations in the colon. The system, a carrier drug the research team has termed a "molecular truck," shows promise in treating ulcerative colitis, one of the two forms of inflammatory bowel disease, or IBD.

The development and testing of the molecular truck was completed by Eugene A. Mash Jr., a professor in the Department of Chemistry and Biochemistry, UA College of Science, and a member of the UA Cancer Center; pediatric gastroenterologist Fayez K. Ghishan, MD, head of the UA Department of Pediatrics and director of the UA Steele Children's Research Center, UA College of Medicine – Tucson; and Pawel Kiela, DVM, PhD, an associate professor in the Department of Pediatrics, a Steele Center researcher in the area of gastroenterology and a member of the UA Cancer Center. Read more

Arizona Daily Star

Dr. David Harris to Direct new Biorepository at AHSC

David T. Harris, PhD, professor of immunology at the University of Arizona, was appointed executive director of the new Arizona Health Sciences Center Biorepository.
Dr. Harris was selected to establish and lead the biorepository, "which will provide centralized, state-of-the-art specimen collection infrastructure and offer concierge-level technical and regulatory expertise to principal investigators engaged in research biospecimen activities," UA officials said in a news release. Read more

Mohave Valley News

Fewer Arizonans Going without Health Insurance
Health care continues to improve for many Arizonans who took advantage of insurance offered by the Patient Protection and Affordable Care Act. The ACA aims to provide more Americans with affordable health insurance and to reduce the growth of uncompensated costs for hospitals. Part of the Act are two major provisions to help insure the uninsured. The first is to expand Medicaid to the nation’s poorest in order to cover uninsured Americans, said Daniel Derksen, MD, director of the Center for Rural Health at the University of Arizona. The second provision is to create a health insurance marketplace. [Read more](#)

Express Pharma

**Integrative Medicine: An Idea Whose Time has Come**

Doctors are integrating ayurveda and yoga into mainstream allopathic medicine, giving rise to “integrative medicine,” a new approach to medicine and health care that rests on building synergies between traditional and modern medicine. The Arizona Center for Integrative Medicine at the University of Arizona defines it as, “…healing-oriented medicine that takes account of the whole person (body, mind, and spirit), including all aspects of lifestyle. It emphasizes the therapeutic relationship and makes use of all appropriate therapies, both conventional and alternative.” [Read more](#)

HelpmeoutDOC.com

**Pain Relief Remedies Available at Home**

When pain relief is involved, most people immediately resort to over-the-counter medicine. While effective, these drugs have several drawbacks, which lead to alternative home-made remedies. David Kiefer, MD, assistant clinical professor of medicine at the Arizona Center for Integrative Medicine at the University of Arizona, recommends some common herbal remedies used for natural pain relief. [Read more](#)
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