Tucson News Now

'Camp Scrubs' Teaches Kids About Health-care Careers

Happening this week, 20 Tucson middle school students are experiencing what it's like to be a registered nurse. "Camp Scrubs," now in its 12th year, is taking place at Banner – University Medical Center Tucson. The 7th and 8th graders participating in the summer camp are shadowing working nurses, touring the medical center's different facilities, including the Emergency Department and the Level 1 Trauma Center, and learning about different nursing specialties, including infection control and orthopedics. By the end of the program, these students will be certified in first aid and CPR. They also will learn about their options in other health-care careers. Read more

AZFamily

Teens to Spend Summer Working on Critical Medical Research

Instead of days by the pool or at the mall, six high school students will spend six weeks this summer wearing white coats and working on critical medical research at the University of Arizona College of Medicine – Phoenix. The students are developing critical skills that could help them get into college and land great jobs one day. Read more
Inside Tucson Business

Dr. Latifi Elected Vice President of Society of Telemedicine

Rifat Latifi, MD, professor and vice chair of international relations in the University of Arizona Department of Surgery and president and founder of the International Virtual e-Hospital Foundation, has been elected vice president of the International Society of Telemedicine and eHealth.

Dr. Latifi also is a trauma surgeon at Banner – University Medical Center Tucson, specializing in trauma, general surgery and critical care, with special interest in re-operative surgery, advanced laparoscopic surgery, telemedicine and nutrition support of surgery and critically ill patients. Read more

KPHO-TV (Phoenix)

UA Doctor Helps Fan Hit by Shattered Bat

Marc Berg, MD, a professor in the UA Department of Pediatrics and a pediatric intensive care specialist at Banner University Medical Center – Tucson, rushed to a woman's side after she was hit by a shattered bat at a Red Sox game in Boston Friday night. You can see in the video, at the moment the bat cracked, a large piece of it flew into the stands.

The woman was hit, and emergency responders got to her in minutes. But before that, Dr. Berg and a friend rushed to her side. They had been sitting only a few rows behind her. "We heard the crack of the bat, and it happened so quickly…I looked at the last minute to see a large piece of the bat coming into the stands, and it was pretty clear that this was a very serious injury that this woman had suffered," said Dr. Berg. "(We were) primarily trying to help her calm down and use anything we could to control the bleeding a little bit." Read more

Phoenix Business Journal

Sundt, DPR to Build New Hospital Tower for Banner Health
Banner Health awarded Tucson-based Sundt Construction and partner DPR Construction a contract to build a new tower for Banner – University Medical Center Tucson. Construction on the 11-story building is expected to begin in early 2016 and it will open in 2019. The tower will replace the 40-year-old building that currently houses most of the hospital’s operations. Sundt and DPR also will renovate two floors and the lobby of the Diamond Children’s wing and remodel the original hospital building for administration and other non-patient-care uses. Banner is the largest healthcare network in Arizona; it operates 25 hospitals and health-care facilities in seven states and is now the largest private employer in Arizona. Read more

ConsumerReports.org

Are Silica Gel Freshness Packets Toxic?

Although the silica gel packets are stamped with the phrase “DO NOT EAT,” the beads inside aren’t actually poisonous, confirms Keith Boesen, PharmD, director of the Arizona Poison and Drug Information Center at the University of Arizona College of Pharmacy. “The main concern they pose is that they are a choking hazard.” If your child is choking after accidentally swallowing silica beads, call 9-1-1, Dr. Boesen says. But if your child isn’t choking and is eating and drinking without a problem, then there’s no need to go to the emergency room or hospital, he adds. The silica beads will pass through their system without being absorbed. If you’re still worried, contact your local poison control center by calling 1-800-222-1222. The free, confidential number works in any part of the nation and automatically connects you to experts at the nearest poison control center. Read more

Prevention Magazine

7 Parts Of Your Body You Shouldn't Touch With Your Hands

Keep your hands off certain parts of your body to avoid nasty infections. According to an article in Men’s Health Magazine, you should think of your body like it’s a temple: It’s yours to use, but there are some sacred spots you shouldn’t put your grubby hands on.
“Research shows that hands play a major role in the transmission of germs,” says Kelly Reynolds, PhD, an associate professor in the Mel and Enid Zuckerman College of Public Health at the University of Arizona. "Even after proper washing, hands and fingers are rapidly re-contaminated from the surrounding environment."
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