Arizona Capitol Times

University of Arizona Seeks to Decrease Disparities in Health Care

As our state and nation confront a rapidly changing U.S. health care system, the University of Arizona is responding to critical challenges in new and impactful ways, including addressing health disparities, improving the health of populations and achieving favorable health outcomes.

Health disparities — differences in health outcomes across groups of people — adversely affect people who have experienced greater obstacles to health on the basis of factors such as race, ethnicity, gender, age and/or geographic location, such as rural and border areas. — Guest article by Joe G.N. “Skip” Garcia, MD, UA senior vice president for health sciences.


Green Valley News

Sarver Leader Discusses Clinical Trials

Nancy Sweitzer, MD, PhD, a cardiologist and physiologist recognized for her leadership and experience in clinical heart disease research, spoke at the final Sarver Heart Center lecture March 20 in Green Valley. She replaced former director Gordon Ewy, MD, who retired in June. Previously, Dr. Sweitzer was an associate professor of medicine at the University of Wisconsin Cardiovascular Medicine Division in Madison and director of numerous programs, including clinical research. Her talk focused on her specialty of clinical trials in treating heart disease.


Yuma Sun

Listen To Your Gut: Seminar Focuses on Gut Health

Fayez K. Ghishan, MD, an international expert of childhood gastrointestinal diseases, was the featured speaker at an event hosted by the Yuma Friends of the Arizona Health Sciences Center. During the seminar, Dr. Ghishan discussed research indicating a healthy gut has tremendous influence on an individual’s overall health. In fact, the microbiota in the gut now is being compared to a blood type, being distinct from person to person.

Dr. Ghishan presented the latest findings about why “you are what you eat!,” and topics ranging from celiac disease (a severe gluten allergy), other food allergies and strategies for maintaining a healthy gut.
Arizona Daily Wildcat
Doctors Treat Severe H1N1 Cases with Heart, Lung Machine

This flu season, the H1N1 virus latched on to the U.S. once again, but a program at UAMC has been saving lives by bringing out the big guns. Doctors at the University of Arizona Medical Center have placed 10 H1N1 patients on extracorporeal membrane oxygenation machines, artificial heart and lung machines that give patients time to heal their failing organs.

What separates the UA’s ECMO program from others is its ability to place patients on ECMO as they are transported back to UAMC.

“Eight of the 10 swine flu patients were transported,” said Yuval Raz, MD, an assistant professor in the UA College of Medicine – Tucson and medical director of the ECMO Services Program.

The Shorthorn
TEDxUTA Speakers Inspire Innovation

Thirteen speakers who gave TED talks at TEDxUTA on Saturday provided insight into multiple topics and fields. Esther Sternberg, MD, professor of medicine and research director at the Center for Integrative Medicine at the University of Arizona, spoke about how stress can affect health and the body, using her own experience with arthritis as an example.

TEDx is a program of local, self-organized events that bring people together to share an experience similar to TED Talks. It hosts live speakers to spark deep discussion and connection with the audience. TED is a nonprofit organization devoted to sharing ideas in technology, entertainment and design.

Arizona Daily Star
University of Arizona Medical Students Celebrate ’Match Day’

More than 100 students of the University of Arizona College of Medicine – Tucson and nearly 40 students at the Phoenix campus participated in Friday’s annual “Match Day.” It was the day members of the Class of 2014 opened sealed envelopes containing letters showing where they will spend the next several years as resident-physicians. Residency programs vary in length from three years for general medicine/family
practice specialties to eight years for the most specialized surgeons. Most residencies will begin July 1.
